

# AVON GROVE CHARTER SCHOOL

## October 2020 Grab & Go MENU Lunch and Breakfast

**Grab & Go** Breakfast and Lunch Meals (five days' worth of meals)  
State Road Campus, 110 East State Road,  
West Grove, PA  
Main Entrance - drive through service  
(please remain in vehicle)

Monday & Wednesday of each week  
10:00 am - 12:00 pm

To make a prepayment to your child's lunch account, please send in check or cash with the teacher and student's name. If you are writing a check, please make payable to "AGCS".

**Online Payments at  
Schoolcafe.com**

Apply for Free/Reduced Price Meals at  
[www.schoolcafe.com](http://www.schoolcafe.com)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b>Lunch Entree</b> French Bread Pizza <b>Sides</b> Grapes Mixed Fruit Cup Fresh Baby Carrots Rice Krispies Treats <b>Milk</b>  <b>Breakfast Package</b> Cinnamon Twirls/Yogurt Fresh Orange Fruit Juice Milk	2 <b>Lunch Entree</b> Ham & Cheese Sandwich on Roll <b>Sides</b> Fresh Whole Apple Celery Sticks Baked Beans <b>Milk</b>  <b>Breakfast Package</b> Muffin/Yogurt Apple Slices Fruit Juice Milk
5 <b>Lunch Entree</b> Hamburg/Cheeseburger on Bun <b>Sides</b> Mandarin Orange Cup Raisins Coleslaw Corn Goldfish Crackers <b>Milk</b>  <b>Breakfast Package</b> Muffin/Yogurt Apple Slices Fruit Juice Milk	7 <b>Lunch Entree</b> Bosco Sticks w/Marinara Sauce <b>Sides</b> Strawberry Applesauce Cup Fresh Orange Fresh Baby Carrots <b>Milk</b>  <b>Breakfast Package</b> Bagel w/Cream Cheese Applesauce Cup Fruit Juice Milk	7 <b>Lunch Entree</b> Crispy Chicken Wrap <b>Sides</b> Fresh Apple Broccoli Salad Mini Chocolate Chip Cookies <b>Milk</b>  <b>Breakfast Package</b> Cereal/Yogurt Fresh Banana Fruit Juice Milk	8 <b>Lunch Entree</b> French Bread Pizza <b>Sides</b> Grapes Mixed Fruit Cup Green Beans Cherry Tomatoes Rice Krispies Treats <b>Milk</b>  <b>Breakfast Package</b> Cinnamon Twirls/Yogurt Fresh Orange Fruit Juice Milk	9 <b>Lunch Entree</b> Ham & Cheese Sandwich on Roll <b>Sides</b> Fresh Whole Apple Celery Sticks Baked Beans <b>Milk</b>  <b>Breakfast Package</b> Muffin/Yogurt Apple Slices Fruit Juice Milk
12 <b>Lunch Entree</b> Yogurt/Cheese Stick/Cinny Bun <b>Sides</b> Diced Peaches Applesauce Fresh Baby Carrots Goldfish Crackers <b>Milk</b>  <b>Breakfast Package</b> Pancakes/Yogurt Fresh Orange Fruit Juice Milk	13 <b>Lunch Entree</b> Stromboli w/Marinara Sauce <b>Sides</b> Mandarin Orange Cup Strawberry Applesauce Chickpea Salad Corn <b>Milk</b>  <b>Breakfast Package</b> Muffin/Yogurt Apple Slices Fruit Juice Milk	14 <b>Lunch Entree</b> Ham & Cheese Wrap <b>Sides</b> Fresh Whole Apple Cucumber Slices Cherry Tomatoes <b>Milk</b>  <b>Breakfast Package</b> Cereal/Yogurt Banana Fruit Juice Milk	15 <b>Lunch Entree</b> Popcorn Chicken w/Roll <b>Sides</b> Apple Wedges Banana Broccoli Salad Fresh Baby Carrots Nutri-Grain Bar <b>Milk</b>  <b>Breakfast Package</b> Bagel w/Cream Cheese Mandarin Orange Cup Fruit Juice Milk	16 <b>Lunch Entree</b> Chicken Taco <b>Sides</b> Banana Mixed Fruit Cup Fresh Broccoli Florets Celery Sticks <b>Milk</b>  <b>Breakfast Package</b> Cinnamon Twirls/Yogurt Fresh Apple Fruit Juice Milk
19 <b>Lunch Entree</b> Yogurt/Cheese	20 <b>Lunch Entree</b> Bosco Sticks	21 <b>Lunch Entree</b> Turkey & Cheese	22 <b>Lunch Entree</b> Popcorn Chicken w/Roll	23 <b>Lunch Entree</b> Mozzarella Sticks

<p>Stick/Cinny Bun <b>Sides</b> Mandarin Orange Cup Applesauce Coleslaw Black Bean Blend <b>Milk</b></p> <p><b>Breakfast Package</b> Bagel w/Cream Cheese Mandarin Orange Cup Fruit Juice Milk</p>	<p>w/Marinara Sauce <b>Sides</b> Fresh Whole Apple Corn Smile Potatoes <b>Milk</b></p> <p><b>Breakfast Package</b> Muffin/Yogurt Applesauce Cup Fruit Juice Milk</p>	<p>Sandwich on Roll <b>Sides</b> Mixed Fruit Cup Banana Spinach Salad Cucumber Slices <b>Milk</b></p> <p><b>Breakfast Package</b> Pancakes/Yogurt Fresh Orange Fruit Juice Milk</p>	<p><b>Sides</b> Grapes Mixed Fruit Cup Fresh Baby Carrots Heartzels, Pretzels <b>Milk</b></p> <p><b>Breakfast Package</b> Cereal/Yogurt Fresh Banana Fruit Juice Milk</p>	<p>w/Marinara <b>Sides</b> Apple Wedges Fruit Juice Celery Sticks Chickpea Salad <b>Milk</b></p> <p><b>Breakfast Package</b> Muffin/Yogurt Mandarin Orange Cup Fruit Juice Milk</p>
<p style="text-align: right;"><b>26</b></p> <p><b>Lunch Entree</b> PB&amp;J Uncrustable w/Cheese Stick <b>Sides</b> Mandarin Orange Cup Raisins Coleslaw Corn Goldfish Crackers <b>Milk</b></p> <p><b>Breakfast Package</b> Muffin Yogurt Fruit Juice Milk</p>	<p style="text-align: right;"><b>27</b></p> <p><b>Lunch Entree</b> Bosco Sticks w/Marinara Sauce <b>Sides</b> Strawberry Applesauce Cup Fresh Orange Corn Cherry Tomatoes <b>Milk</b></p> <p><b>Breakfast Package</b> Bagel Fruit Juice Milk</p>	<p style="text-align: right;"><b>28</b></p> <p><b>Lunch Entree</b> Crispy Chicken Wrap <b>Sides</b> Fresh Whole Apple Broccoli Salad Mini Chocolate Chip Cookies <b>Milk</b></p> <p><b>Breakfast Package</b> Cereal Fresh Banana Fruit Juice Milk</p>	<p style="text-align: right;"><b>29</b></p> <p><b>Lunch Entree</b> French Bread Pizza <b>Sides</b> Grapes Mixed Fruit Cup Fresh Baby Carrots Rice Krispies Treats <b>Milk</b></p> <p><b>Breakfast Package</b> Cinnamon Twirls Yogurt Fresh Orange Milk</p>	<p style="text-align: right;"><b>30</b></p> <p><b>Lunch Entree</b> Ham &amp; Cheese Sandwich on Roll <b>Sides</b> Fresh Whole Apple Celery Sticks Baked Beans <b>Milk</b></p> <p><b>Breakfast Package</b> Muffin Yogurt Fruit Juice Milk</p>