



School Year 2021-2022: All students are eligible to receive a free healthy and nutritious Breakfast and Lunch daily. See a la carte pricing for items not part of the complete meal.

**AVON GROVE CHARTER SCHOOL**  
**State Road**  
**May/June 2022**  
**Lunch**

**Menu Subject to Change Without Notice**

*State Road Only: A La Carte -*  
**Cash Only**  
 \$2.00 - Main Entrée  
 \$0.75 – Sides (extra vegetable and fruit purchased in addition to complete meal)  
 \$1.00 – Water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>Lunch Entree</b> Mozzarella Sticks w/Marinara Sauce Yogurt/Cheese Stick/Mini Cinni Buns <b>Sides</b> Applesauce cup Fruit Juice Steamed Green Beans Chickpea Salad <b>Milk</b>	<b>Lunch Entree</b> Chicken Quesadilla Ham & Cheese Deli Sandwich on Roll <b>Sides</b> Fruit Juice Mixed Fruit Cup Steamed Corn Black Bean Blend <b>Milk</b>	<b>Lunch Entree</b> Grilled Cheese Sandwich Yogurt/Cheese Stick/Mini Cinni Buns <b>Sides</b> Mandarin Orange Cup Raisins Tomato Soup Fresh Baby Carrots <b>(9-12) Nutrigrain Bar</b> <b>Milk</b>	<b>Lunch Entree</b> Chicken Patty Sandwich Turkey & Cheese Deli Sandwich on Roll <b>Sides</b> Grapes Fruit Juice Potato Smiley Fries Fresh Cucumber Slices <b>Milk</b>	<b>Lunch Entree</b> Mini Pierogies Yogurt/Cheese Stick/Mini Cinni Buns <b>Sides</b> Banana Craisins Steamed Broccoli Romaine Salad <b>(9-12) Goldfish Crackers</b> <b>Milk</b>
9	10	11	12	13
<b>Lunch Entree</b> Meatball Sandwich Yogurt/Cheese Stick/Mini Strawberry Filled Bagel <b>Sides</b> Pineapple Cup Fruit Juice Baby Carrots Steamed Green Beans <b>Milk</b> <b>(9-12) Teddy Grahams</b>	<b>Lunch Entree</b> French Bread Cheese Pizza Ham & Cheese Deli Sandwich on Roll <b>Sides</b> Mandarin Orange Cup Fruit Juice Steamed Corn Fresh Broccoli Florets <b>Milk</b>	<b>Lunch Entree</b> Hot Dog on Roll Yogurt/Cheese Stick/Mini Strawberry Filled Bagel <b>Sides</b> Applesauce Cup Craisins Baked Beans Fresh Celery Sticks <b>Milk</b> <b>(9-12) Nutrigrain Bar</b>	<b>Lunch Entree</b> Tangy Tangerine Chicken w/Rice Turkey & Cheese Deli Sandwich on Roll <b>Sides</b> Fresh Apple Slices Peach Fruit Cup Romaine Salad Coleslaw <b>Milk</b>	<b>Lunch Entree</b> Bosco Sticks w/Marinara Sauce Yogurt/Cheese Stick/Mini Strawberry Filled Bagel <b>Sides</b> Banana Fruit Juice Fresh Baby Carrots Lettuce/Tomato Salad <b>Milk</b>
16	17	18	19	20
<b>Lunch Entree</b> Pasta/Pasta with Meat Sauce Yogurt/Cheese Stick/Mini Cinnamon Filled Bagel <b>Sides</b> Whole Fresh Apple Fruit Juice Steamed Corn Fresh Baby Carrots <b>Milk</b>	<b>Lunch Entree</b> Chicken Patty Sandwich Ham & Cheese Deli Sandwich on Roll <b>Sides</b> Mandarin Orange Cup Craisins Steamed Broccoli Coleslaw <b>Milk</b>	<b>Lunch Entree</b> Hamburger/Cheeseburger Yogurt/Cheese Stick/Mini Cinnamon Filled Bagel <b>Sides</b> Strawberry Applesauce Fruit Juice Cucumber Slices Potato Smiley Fries <b>(9-12) Mini Chocolate Chip Cookies</b> <b>Milk</b>	<b>Lunch Entree</b> Beef Nachos Turkey & Cheese Deli Sandwich on Roll <b>Sides</b> Peach Fruit Cup Fruit Juice Refried Beans Shredded Lettuce/tomato salad <b>Milk</b> <b>(9-12) Rice Krispies Treat</b>	<b>Lunch Entree</b> Stromboli Yogurt/Cheese Stick/Mini Cinnamon Filled Bagel <b>Sides</b> Sliced oranges Fresh Apple Slices Celery Sticks Steamed Green Beans <b>Milk</b>
23	24	25	26	27
<b>Lunch Entree</b> Mozzarella Sticks w/Marinara Sauce Yogurt/Cheese Stick/Mini Cinni Buns <b>Sides</b> Applesauce cup Fruit Juice Steamed Green Beans Chickpea Salad <b>Milk</b>	<b>Lunch Entree</b> Chicken Quesadilla Ham & Cheese Deli Sandwich on Roll <b>Sides</b> Fruit Juice Mixed Fruit Cup Steamed Corn Black Bean Blend <b>Milk</b>	<b>Lunch Entree</b> Grilled Cheese Sandwich Yogurt/Cheese Stick/Mini Cinni Buns <b>Sides</b> Mandarin Orange Cup Raisins Tomato Soup Fresh Baby Carrots <b>Milk</b> <b>(9-12) Nutrigrain Bar</b>	<b>Lunch Entree</b> Chicken Patty Sandwich Turkey & Cheese Deli Sandwich on Roll <b>Sides</b> Grapes Fruit Juice Potato Smiley Fries Fresh Cucumber Slices <b>Milk</b>	<b>Lunch Entree</b> Mini Pierogies Yogurt/Cheese Stick/Mini Cinni Buns <b>Sides</b> Banana Craisins Steamed Broccoli Romaine Salad <b>(9-12) Goldfish Crackers</b> <b>Milk</b>

30	31	June 1	June 2	June 3
<p><b><u>No School Today</u></b></p> 	<p><b><u>Lunch Entree</u></b> French Bread Cheese Pizza Ham &amp; Cheese Deli Sandwich on Roll <b><u>Sides</u></b> Mandarin Orange Cup Fruit Juice Steamed Corn Fresh Broccoli Florets <b>Milk</b></p>	<p><b><u>Lunch Entree</u></b> Hot Dog on Roll Yogurt/Cheese Stick/Mini Strawberry Filled Bagel <b><u>Sides</u></b> Applesauce Cup Craisins Baked Beans Fresh Celery Sticks <b>Milk</b> (9-12) Nutrigrain Bar</p>	<p><b><u>Lunch Entree</u></b> Tangy Tangerine Chicken w/Rice Turkey &amp; Cheese Deli Sandwich on Roll <b><u>Sides</u></b> Fresh Apple Slices Peach Fruit Cup Romaine Salad Coleslaw <b>Milk</b></p>	<p><b><u>Lunch Entree</u></b> Bosco Sticks w/Marinara Sauce Yogurt/Cheese Stick/Mini Strawberry Filled Bagel <b><u>Sides</u></b> Banana Fruit Juice Fresh Baby Carrots Lettuce/Tomato Salad <b>Milk</b></p>
June 6	June 7	June 8	June 9	
<p><b><u>Lunch Entree</u></b> Manager's Choice Yogurt/Cheese Stick/Mini Cinnamon Filled Bagel <b><u>Sides</u></b> Whole Fresh Apple Fruit Juice Steamed Corn Fresh Baby Carrots <b>Milk</b></p>	<p><b><u>Lunch Entree</u></b> Manager's Choice Yogurt/Cheese Stick/Mini Cinnamon Filled Bagel <b><u>Sides</u></b> Mandarin Orange Cup Craisins Steamed Broccoli Coleslaw <b>Milk</b></p>	<p><b><u>Lunch Entree</u></b> Manager's Choice Yogurt/Cheese Stick/Mini Cinnamon Filled Bagel <b><u>Sides</u></b> Strawberry Applesauce Fruit Juice Cucumber Slices Potato Smiley Fries (9-12) Mini Chocolate Chip Cookies <b>Milk</b></p>	<p><b><u>Last Day of School</u></b> <b><u>No Lunch Served</u></b></p>  <p><b>Early Dismissal</b></p>	

**What is a Lunch Meal:** There are 5 Components for Lunch:  
Grain - Meat/Meat Alternate - Fruit - Vegetable - Milk  
Student may choose at least 3 and 1 must be a ½ cup Fruit or ½ Vegetable.  
Choose all 5 for a nutritious meal.

## BREAKFAST MENU - BELOW


**What is a Breakfast Meal:** Student May Choose At Least 3 Items and 1  
Must be ½ cup Fruit or  
Fruit Juice.  
Choose all items for a Nutritious Breakfast

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**AVON GROVE CHARTER SCHOOL**  
**State Road**  
**May/June 2022**  
**Breakfast**

**Menu Subject to Change Without Notice**

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**Cash Only**  
 \$2.00 - Main Entrée  
 \$0.75 – Sides (extra vegetable and fruit purchased in addition to complete meal)  
 \$1.00 – Water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<b>Breakfast</b> Whole Grain Pop Tart Yogurt Fruit Juice Craisins Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Diced Peach Fruit Cup Milk	<b>Breakfast</b> Assorted Cereal Yogurt Mandarin Orange Cup Fruit Juice Milk	<b>Breakfast</b> Whole Grain Bagel with Cream Cheese Fresh Apple Slices Fruit Juice Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Pineapple Cup Milk
9	10	11	12	13
<b>Breakfast</b> Whole Grain Pop Tart Yogurt Fruit Juice Diced Peach Cup Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Diced Peach Fruit Cup Milk	<b>Breakfast</b> Assorted Cereal Yogurt Fruit Juice Mandarin Orange Cup Milk	<b>Breakfast</b> Whole Grain Bagel with Cream Cheese Fruit Juice Fresh Apple Slices Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Pineapple Fruit Cup Milk
16	17	18	19	20
<b>Breakfast</b> Whole Grain Pop Tart Yogurt Fruit Juice Craisins Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Diced Peach Fruit Cup Milk	<b>Breakfast</b> Assorted Cereal Yogurt Mandarin Orange Cup Fruit Juice Milk	<b>Breakfast</b> Whole Grain Bagel with Cream Cheese Apple Slices Fruit Juice Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Mandarin Orange Cup Milk
23	24	25	26	27
<b>Breakfast</b> Whole Grain Pop Tart Yogurt Fruit Juice Craisins Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Diced Peach Fruit Cup Milk	<b>Breakfast</b> Assorted Cereal Yogurt Mandarin Orange Cup Fruit Juice Milk	<b>Breakfast</b> Whole Grain Bagel with Cream Cheese Fresh Apple Slices Fruit Juice Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Pineapple Cup Milk
30	31	June 1	June 2	June 3
<b>No School Today</b> 	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Diced Peach Fruit Cup Milk	<b>Breakfast</b> Assorted Cereal Yogurt Mandarin Orange Cup Fruit Juice Milk	<b>Breakfast</b> Whole Grain Bagel with Cream Cheese Fresh Apple Slices Fruit Juice Milk	<b>Breakfast</b> Whole Grain Muffin Yogurt Fruit Juice Pineapple Fruit Cup Milk

June 6	June 7	June 8	June 9
<p><b><u>Breakfast</u></b>            Whole Grain Pop Tart            Yogurt            Fruit Juice            Craisins            Milk</p>	<p><b><u>Breakfast</u></b>            Whole Grain Muffin            Yogurt            Fruit Juice            Diced Peach Fruit            Cup            Milk</p>	<p><b><u>Breakfast</u></b>            Assorted Cereal            Yogurt            Mandarin Orange Cup            Fruit Juice            Milk</p>	<p><b><u>Last Day of            School            Early Dismissal</u></b></p> <p><b><u>Breakfast Served</u></b></p> <p><b><u>Breakfast</u></b>            Assorted Whole Grain            items            Assorted Fruits/Juice            Milk</p> <p><b>Menu Items May            Change Based            on Availability</b></p>