

What is S.A.L.T.?

The AGCS Sports Boosters are pleased to offer S.A.L.T. once again! Student Athlete Leadership Training (S.A.L.T.) is a program dedicated to the development of AGCS student athletes. Guided by a facilitator, attendees will *participate* (expect it!) in one-hour virtual modules focused on topics important to personal effectiveness both on and off the “field”.

Who should attend?

AGCS student athletes with a sincere interest in and commitment to their own personal development.

When are sessions held?

Evenings between 7p and 8p – virtually via *Zoom*.

- ❖ 10/13/21: Identifying Roles & Setting Goals
- ❖ 11/17/21: Creating a Personal Brand
- ❖ 12/15/21: Putting First Things First: Priorities & Time Management

Note: These are the same topics held in the Spring of 2021. New topics may be offered in the Spring of 2022 as well. If you attended last year, you are still welcome to attend for a “refresh” – just remember that sessions will be identical until next year.

How can students enroll?

Enrollment in all courses is encouraged but not required – and is free to attend. Sessions are open to any AGCS student athlete. In addition:

- ❖ **At this time student athletes may enroll any OR all sessions** by emailing Martin Sarkissian at martin@inspiredldg.com. Please note the session dates you are enrolling for (or indicate “all”). Confirmed attendees will receive login instructions closer to each session date via email from the facilitator or the AGCS Sports Booster Team.

About the Facilitator: Martin Sarkissian, President – Inspired!

Since 1994, Martin (Marty) has facilitated development in: leadership and management effectiveness, workplace diversity, conflict resolution, coaching, interviewing, and many other leadership topics. He is a certified facilitator in Ken Blanchard's Situational Leadership II[®], First Time Manager[®], Self Leadership[®] and Optimal Motivation[®] programs; InsideOut Coaching[™]; Corporate Coach University's Coaching Clinic[®]; Franklin Covey's Seven Habits of Highly Effective People[®]; and Franklin Covey's 5 Choices for Extraordinary Productivity[®].

Martin has inspired participants at organizations such as: Abbott Labs, Children's Hospital of Philadelphia, Christiana Care Health Systems, Harvard Business School, the Naval Surface Warfare Center, and Verizon Wireless. He attended Neumann University in Aston, Pennsylvania. There, he earned Summa Cum Laude honors upon commencement. Martin also served eight years in The United States Marine Corps. Upon commencement from Parris Island, he received the prestigious "Leatherneck Award" in recognition for his outstanding performance while undergoing recruit training.