



This school year, thanks to the USDA Meal Waiver, Breakfast and Lunch is Free to all students

Breakfast is served each morning
State Road Campus: 7:10-7:35 am in the Cafeteria
Early Learning Center Campus: 8:00-8:30 am at Breakfast Kiosks

Breakfast: Grain selection change each day.

Students may choose 1 Grain and/or 1 Yogurt, 1 or both Fruit items, 1 Milk

Grains: Whole Grain Muffin, Whole Grain PopTart, Whole Grain Cereal, Whole Grain Bagels

Yogurt

Fruit: Fruit and Fruit Juice

Milk: Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

***Student May Choose At Least 3 Items and 1 Must be ½ cup Fruit or Fruit Juice.
Choose all items for a Nutritious Breakfast***

Lunch

The Cafeteria serves a variety of Entrees, Fruit and Vegetable Sides, and Milk choices prepared fresh daily. Lunch consists of 5 components: Meat/Meat Alternate, Grain, Fruit, Vegetable and Milk.

Students may choose all 5 components or at least 3 and 1 Must be a ½ cup of Fruit or Vegetable.

This institution is an equal opportunity provider.